

AWARE News October 2009

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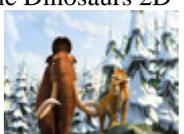
www.homestead.com/awareuk/

www.awareuk.org



Contact details: AWARE phone line: 01943 466543 Mobile: 077644 32933

Email: jo.galasso@tesco.net Mrs. Jo Galasso, 52 Chippendale Rise, Otley LS21 2BJ

October Dates	Time	Activity & Location	Cohort/Age Group	Cost
Fri 2 – Sun 4	Teatime Fri to aft lunch Sun	Residential Break Lineham Farm Children's Activity Centre, Eccup	Children 7 – 19 yrs	Free but donations welcomed.
Mondays 5, 12 & 19 <i>No club on 26 Oct</i>	7 – 9pm	Monday Youth Club Addingham Youth Centre <i>*Ring Sarah Jamieson to attend</i>	HFA/AS 12+ and siblings age 8 - 17 (Parents don't stay)	£1/ person
Fridays 2, 9, 16 & 23 <i>No club on 30 Oct</i>	7 – 9pm	Friday Youth Club Addingham Youth Centre <i>Just turn up</i>	Children 7 – 16 yrs, inc siblings (Parents stay)	£2 /family + £1/friend
Tuesday 13	8.00pm <i>NB change of time</i>	Parents' meeting CDC, Airedale Hospital, Steeton <i>Just turn up</i>	Parents, Carers, Professionals, anyone interested	Free
Wednesday 14	10am – 12pm	Coffee Morning Addingham Youth Centre <i>Just turn up</i>	Parents/carers, babies & toddlers welcome.	Free
Saturday 10	TBC	Trip Club Addingham Youth Centre <i>Contact Linda Porter on 07949576898 for further information</i>	Age 14+ Parents don't stay - young people will have AWARE support	£10 per session, (which includes activities and refreshments)
Sunday 24 Ice Age 3: Dawn of the Dinosaurs 2D 	11am Doors open 10.50am	Cinema <i>Just turn up</i> Leeds/Bradford Odeon Gallagher Leisure Park Thornbury, Bradford	All family *Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk Film info line 08712244007	£2.50/child adults free
Tuesday 27	10am – 3pm	Play scheme <i>Just turn up</i> Addingham Youth Centre	Families with children 0 – 16 years inc siblings /friend	£2/family + £1/friend
Saturday 31	4.15pm - 5.15pm	Swimming – Inflatables. Keighley Leisure Centre <i>Please let us know if you have booked and CAN'T come so we can offer the places to another family</i>	All family	£2 /family

N.B. For further details of all our activities contact Jo 07764432933; for the Monday club contact *Sarah Jamieson on 01274 734018 or email sarah.jamison@bradford.gov.uk

NB The AWARE Library will be available at the Parents' meeting on 13 October and Youth Club on 23 October – please contact Karen or Margaret if you are unable to access these dates and wish to borrow any particular resources: karenrobertson31@hotmail.com margaretnash@thomasnash.orangehome.co.uk 07854 740071

Parents' meeting, CDC, Tuesday 13 October, 8pm (N.B. new later time)

Message from October's speaker: "My name is Amber Burton and I currently work as the Lead for Autism in North Yorkshire. I have worked within the field of autism for around fifteen years including as a Special School Teacher, Local Authority Advisor and Autism Specialist Teacher. I recently worked in Bradford, as part of the Autism Team and my role with North Yorkshire includes managing ASCOSS (Autism Spectrum Condition Outreach Support Service). My current role also includes an active caseload and this is primarily in the Craven area. I look forward to meeting you all on the 13th October and sharing information with you".

Last month's speaker was David Newell from Sacar, a Bradford-based charity working with adults who have received a diagnosis of either high functioning autism or Asperger syndrome, and his colleague, Stella. Beginning ten years ago with a social skills group, SACAR now have centres in Leeds and Huddersfield, developing employment programmes, outreach support, education support and a variety of on-site workshops and they are holding a Conference on 22 October at The Cedar Court in Bradford – see last month's newsletter or call 01274 778888 for a registration form.

Advance Notice of AWARE Christmas Dinner

Please keep free Tuesday 8 December from 7.30pm for our annual Christmas get-together at The Cow & Calf, near Ilkley – menus and booking form will be sent out with the November newsletter!

Summer Activities

87 children and their families accessed the play schemes and summer trips and feedback so far has been very positive. Suggestions for future trips and activities always welcome!

Cinema: Sunday 24 October, autism-friendly screening of 'Ice Age 3'

As Manny and Ellie prepare for the birth of their mini-mammoth, Sid the sloth gets into trouble when he decides to create his own family by hijacking some dinosaur eggs. As the gang set out to rescue Sid, they discover a mysterious underground world, get too close for comfort to some dinosaurs, and meet a mad one-eyed Weasel named Buck (Simon Pegg).

Aiming High Grant: Residential Break, Lineham Farm, Eccup, 2-4 October

As you will know from July's newsletter, Jo was successful in securing a grant from Aiming High and this is to fund four residential weekends for children 7 – 19 years, the next one will be from teatime Fri 2 to after lunch Sun 4 Oct, activities will include adapted bikes, climbing, art and animal care. Please get in touch with Jo as soon as possible if you are interested in your child attending.

Aiming High Grant: Monthly Trip Club - 10 October

Funds have also been received to run a monthly trip club for young people age 14+; we want the young people to decide the programme of activities e.g. bowling, cinema, eating out, ice-skating etc. Please contact Linda if your child is interested 07949576898.

October half-term playscheme

Tuesday 27th October – unfortunately there aren't any supported places available. Just turn up on the day (10am – 3pm – bring a packed a lunch!).

News from the NAS

The NAS has launched a new model of befriending: **e-befriending**, a scheme for children and adults with an ASC. Email-based befriending will complement the face-to-face befriending schemes and may also remove existing barriers to participation (among both beneficiaries and volunteers, geographical, people who don't like face-to-face, house-bound etc. The scheme aims to reduce social isolation, to broaden the range of social experiences open to individuals and to build supportive relationships that can increase a person's overall confidence and wellbeing. For more information, contact alan.bicknell@nas.org.uk

There will be a one-day conference on ageing and autism at the university of Newcastle on 29 October, organized by the Institute of Ageing & Health and supported by AGE, the EU platform for the elderly, the NAS and Autism Speaks. More information from: alyson.goldwater@ntw.nhs.uk

Understanding the keys to Autism

Wendy Lawson (author and adult with an ASC), 10 November. For further information, contact Gemma Sampford, Tel: 01282 41 455 Email: info@actionasd.org.uk Website: www.actionasd.org.uk

Donna Williams: A Lecture and question-answer Forum on Working with Challenging Behaviours on the Autism Spectrum

Saturday 10th October 2009; 1.00-3:00 PM Stone Hill School Barnsley Road Scawsby Doncaster DN5 7UB

Autism spectrum conditions can affect the way people use their bodies, how they see, hear, physically experience their world. They can affect the way people make sense of and communicate information, how they work with their own emotions and other people, how their motivations and fears will be expressed. .. *Donna Williams is a person diagnosed with Autism, a Sociologist and qualified teacher and the author of nine published books including Autism; An Inside Out Approach and her international best-selling autobiography, Nobody Nowhere*

Contact: Christine Breakey christine.breakey@spectrumfirst.co.uk Telephone: 0114 2669731

Donna is also offering Private Consultations – see attached flyer or contact Christine Breakey.

Sitting Service for Children

The Sitting Service for Children was started in 2007 and has grown following the launch of Aiming High for Children. As part of Shared Care, the Sitting Service helps families by providing short breaks for children who are disabled, autistic, or who have challenging behaviours. The service, for children aged 0 to 18, is always arranged as a package and can be for varying lengths of time. Care takes place in the child's home and some emergency sitting is available. Care packages for each child are determined by the Children's Complex Health & Disabilities Team. The Sitting Service is offered in line with the national minimum standards for Fostering Services 2002, whose guidelines are followed. Relevant checks are made on carers, who must go through a rigorous screening process and all must be approved by Shared Care Management. Carers all receive training support and ongoing advice. The Sitting Service programme must be accessed by a Social Worker through the Children's Initial Contact Point at 01274 437500.

Surveys in to Asperger's: www.asteens.co.uk/questionnaires.html,

We have been contacted by Rachel Hopkins, mother of a challenging young man with Asperger's Syndrome who is now 16. Together with a friend who also has a similar aged son with Asperger's, she has set up a web-site - www.asteens.co.uk - primarily to accompany their book which has recently been published:- **Children and Teenagers with Asperger's Syndrome** (<http://tinyurl.com/dd74bf>) but also to conduct research via two on-line surveys, also on their website - www.asteens.co.uk/questionnaires.html. One survey is researching parents' experiences of Health & Education and the other – Support & Services, both in relation to their ASC children.

So far, they have almost 300 completed questionnaires, with parents/carers of children with AS across the UK giving very valuable information, including the following comments:

"This questionnaire has been marvellous to air my views about ASD & its problems which are so numerous & varied in every case."

"Just want to thank everyone there for all the hard work you're putting in to get the word out there about the unique needs of Aspies"

Go to: www.asteens.co.uk/questionnaires.html Once they have this information from a broad spectrum of parents/carers of AS children from across the country, they intend to analyse the results which will form the basis of a report which will then be published on their web-site and also presented to the government.

Looking for Sensory Toys?

Try www.thenoveltywarehouse.com, an online store (set up by a mother of a child with additional needs) providing a range of toys deigned to aid positive play by stimulating the senses, encouraging communication and developing motor skills.

And remember that the Toy Library at St Luke's has lots of toys which are free to borrow and a sensory are that your child can use - call Emma or Michelle on 01274 365463.

Finally, Fledglings is a national charity which supports parents and carers of children with special needs by finding affordable solutions to everyday practical problems. They offer a free of charge bespoke information service which addresses individual needs of each child and family. For a brochure:

enquiries@fledglings.org.uk or call 0845 458 1124

Fundraise by using our webshop and by giving AWARE your old mobile phones, used stamps & empty ink cartridges

Don't forget to use our webshop, www.buy.at/aware 'gateway' to many internet shops and if you go shopping via this gateway we receive a percentage of your spend or an amount agreed by the company **at no additional cost to yourself**. A few of the most well used shops are M & S, Amazon, Waterstones, Iceland plus many, many more. Please support us by doing your shopping via the above address: make it your home page so you'll never forget to use it! Please bring along old mobile phones, used stamps and empty ink cartridges to any of our sessions, or ring Jo to arrange collection

Help Lines: Need help or support?

The National Autistic Society www.nas.org.uk

Parents' Help line: 0845 070 4004 (Mon-Fri 10-4) autismhelpline@nas.org.uk

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parentline Plus 0800 80 2222 Parentline is a free, confidential service for any parent, any time.

Parent Partnership Lines: Bradford 0127 4 481183 Leeds 0113 3951200

Craven & Harrogate 01609 534983

Social Services Children's Services Bradford 01274 437500 Leeds 0113 3984702 Craven 01756 793700

Support for Carers - Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440

Carers Resource Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Leeds www.carers.org 0113 246 8338

Benefits Advice Services - DIAL (Disablement Information and Advice Line)

Bradford 01274589162, Leeds 0113214 3630, Benefits Agency, Skipton 01535 617400

Looking for childcare

The Family Hub Leeds www.thefamilyhubleeds.org/

Children's Information Link www.bradford.gov.uk/childcare

Transitions service.

<http://www.dimensions-uk.org/index.php>

The Children's Information Link is a key part of the Bradford Early Years and Childcare Service, enabling parents and others to obtain comprehensive up-to-date information about childcare, nursery education, children's activities and family support services. Tel: 01274 437503

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463 for opening times

Play Partners can help children with a disability access play or holiday schemes 01274 431571

Bradford Young Carers Older children often help their parents to look after disabled siblings. For advice and information contact 01274 481183

AWARE thanks the following for their support this year:

Bradford Carers Grant

Cow & Calf, Ilkley



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