

AWARE News November 2008

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Issue 103

www.homestead.com/awareuk/



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November Dates	Time	Activity & Location	Cohort/Age Group	Cost
Mondays 3, 10, 17 & 24	7 – 9pm	Monday Youth Club Addingham Youth Centre <i>*Ring Sarah Jamieson to attend</i>	HFA/AS 12+ (Parents don't stay)	£1/ person
No club 31 Oct. Fridays 7, 14, 21 & 28	7 – 9pm	Friday Youth Club Addingham Youth Centre <i>Just turn up</i>	Children 7 – 16 yrs, inc siblings (Parents stay)	£2 /family + £1/friend
Saturday 8 with bouncy castle Saturday 22 with trampoline	10am – 12pm	Junior Youth Club Addingham Youth Centre <i>Please ring, text, email to let us know you are coming, as equipment will be left out from the Friday club, some help will be needed by those who attend to put it away again.</i>	Families with younger children up to about 10 yrs, inc siblings	£2 /family + £1/friend
Sunday 9 Wall-E 	11am	Cinema Leeds/Bradford Odeon Gallagher Leisure Park Thornbury, Bradford Doors open 10.50am <i>*Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk Film info line 08712244007</i>	All family <i>Just turn up</i>	£2.50/child adults free
Tuesday 11	7.30pm	Parents' meeting, CDC, Airedale Hospital	Parents, Carers, Professionals, anyone interested	Free
Wednesday 12	10am – 12pm	*Coffee Morning Addingham Youth Centre <i>Just turn up</i>	Parents/carers, babies & toddlers welcome.	Free

N.B. For further details of all our activities contact Jo 07764432933; for the Monday club contact **Sarah Jamieson* on 01274 734018 or email sarah.jamison@bradford.gov.uk

Please remember to send us your used stamps; mobile phones and ink cartridges!

Monthly meeting: Child Development Centre, Airedale Hospital, Tuesday 11 November at 7.30pm

This month's speaker will be Janet Bower from The Family Fund. The Family Fund has been around for 35 years and Janet Bower has been working with it for over 30 of them, so has a wealth of experience to share with us! Government grants are administered by the independent Family Fund Trust to give help to families where there is a severely disabled child, or where the child has a life threatening condition. As one would expect, the family should not already have a high income, and the grant cannot be used for items which the statutory agencies should already be providing; they are to help with inclusion and a better quality of life. Come along and find out more.

Last month's speakers were Tracey Jones, Clinical Psychologist from Hillbrook, and Karen Tressler, trainee Clinical Psychologist, who talked about post-diagnosis support following on from their recent evaluation (please see attached report for full information).

Coffee Morning, Addingham, Wednesday 12 November

Phoenix Cards on sale again at this coffee morning with 10% of sales going to AWARE, so come along, have a chat with other members and support us.

AWARE Christmas meal at The Cow & Calf Tuesday 9 December

Instead of our monthly meeting at the CDC, we shall be getting together for a Christmas dinner (see booking form for choices). Please confirm your place with a £5 deposit per person, plus details of your menu choices, to Jo. Last year was a friendly informal event with over thirty members and we hope to have even more this year!

Monthly Raffle – Cow and Calf meal for two

Tickets are £1 each; pick one up next time you attend an event! Last month's winner was Peter Wakefield.

Library Books at Youth Club, Addingham

Committee member, Karen Mitchell, will be bringing AWARE's library books and DVDs etc to the youth club on 28th November (nb no library in December). The library is a valuable resource for parents, children and young people with an ASC/D, siblings and any teachers/support staff working with people with an ASC/D: please use it ... and don't forget to return any books with which you have finished! We do not charge any fines – we just want our books back so other members can use these valuable resources too!

Cinema: 9 October – Wall - E

Wall-E - a lonely robot with a mission. Disney Pixar's Wall-E (Waste Allocation Load Lifter Earth-Class) discovers a new purpose in life when he meets a sleek search robot named EVE

The Inclusion Project

In response to parental feedback at the Aiming High event, Chris Russell from The Inclusion Project would appreciate your input to help them organise Saturday youth club sessions in Bradford for children with a disability and a family night – please see attached (brief) questionnaire.

Do you work for a bank and have a child with autism? Then read on ...!

You could be eligible for support from Investing in Brighter Futures if you or your partner work for a bank, or have worked for one in the past, and you are also caring for a family member with autism. The Bankers Benevolent Fund and the National Autistic Society are working in partnership to support people in the banking community whose lives are affected by autism, giving access to services run by the National Autistic Society including Life Membership and a variety of specialist services tailored to your family's needs.

Find out more: <http://www.autism.org.uk/bbf> Tel: 020 7903 3587

Email: investinginbrighterfutures@nas.org.uk

Another successful Lineham Farm Residential Weekend

15 children and young people had a fun and exiting weekend at Lineham Farm from 17-19 October, taking part in animal care, environmental activities, climbing wall and adapted bikes sessions, as well as socialising, learning self care and developing their independence skills.

Subject to funding being available, our next residential is provisionally booked for the weekend of 27 – 29 March; if you would like your child to be considered they need to regularly attend youth clubs or play schemes, so both parties are familiar with each other.

Boardmaker and Autism/Asperger's Advice Sessions

Leeds Library and Information Service, in partnership with STARS, are running nine Boardmaker and Autism/Asperger's advice sessions at Leeds Central Library (see attached flyer for details). The first one is 7th November and all sessions run from 10.00am – 12.00.

NAS News

Keighley 'Help!' Seminars

The NAS will be holding two FREE seminars for parents/carers of school aged children and young people who have a diagnosis of ASC/D.

Wednesday 12th November 2008 - (10am – 2.15pm): Supporting Siblings

A seminar focusing on the needs of the siblings of your child with an ASD and strategies to teach the siblings about their brother/sister and ASD's. This seminar is aimed at parents/carers who have a child with an ASD and additional siblings (aged up to 18).

Seminar delivered by: Wendy I'Anson – help! Family Programme Support Officer (North East)

Wednesday 19th November 2008 – (10am – 2.15pm): Introduction to Social Stories

A practical seminar looking at the theory behind Social Stories, 20 tips for writing Social Stories and an opportunity to write Social Stories for different occasions. This seminar is aimed at parents/carers of children aged 3 – 16 years of age with a diagnosis of Asperger Syndrome or Autistic Spectrum Disorder (ASD).

Seminar delivered by: Wendy I'Anson – help! Family Programme Support Officer (North East)

Venue: Temple Row Centre, 23 Temple Row, Keighley BD21 2AH

Contact: Jan Fuller, NAS, Room 10, North Sands Business Centre, Liberty Way, Sunderland SR6 0QA Tel: 0191 568 0732 Email: jan.fuller@nas.org.uk

The NAS are also running an Anger Management Seminar in Barnsley on the 25th November and a three day *help!* programme (information, advice and support to parents/full-time carers, whose child has had a recent diagnosis, within the last 18 months, of an autistic spectrum condition) in Nelson on **11, 12 & 17 December**. **Contact:** Clare Naylor, *help!* programme admin officer : 0161 946 1193.

Concept Training: 'A Toolkit for Autism': Successful approaches to supporting children and adults with Autistic Spectrum Disorder

A two day conference for anyone supporting people with an ASC/D at Barcelo Imperial Hotel, Blackpool Sat 15th & Sun 16th November 2008; cost £320 plus VAT. For further information or to book a place, contact: Tel: 01524-832828 email: info@concept-training.co.uk Concept Training Ltd, 15 Beach St, Morecambe, Lancashire, LA4 6BT

2008/2009 PECS Basic 2-Day Workshop from The Pyramid Organisation

This workshop is the basic accredited training in PECS and includes:

- Theoretical background
- Details of the six phases of PECS
- Demonstrations, video illustrations and opportunities to practice
- Review of other visual strategies that promote independence

The workshops begin at 9am and finish at 4.30pm; £270 for professionals/£140 for parent:

20th & 21st November 2008 – Parkinson Building, University of Leeds

5th & 6th March 2009 – Holiday Inn, Sheffield

To book online, go to www.pecs.org.uk or for an application form ring 01273 609555

Early-bird discounts for Treating Autism Conference 2009, Bournemouth

The 2009 conference (13-14 March 2009) will be the biggest autism specific biomedical conference the UK has ever seen. There will be several expert speakers from across the globe, as well as from here in the UK, including **Bryan Jepson MD, Dr Natasha Campbell McBride, Professor Boyd Haley, Dr T Michael Culp** and **Karen DeFelice**, and Sandy and Tim Collins, whose son Eddie is now officially recovered, will also be speaking again about how they achieved this. (Informative, thought-provoking and very moving presentation by an amazing couple, Editor's note.)

For further information: www.treatingautism.co.uk or call 01926 642598

Fundraise for AWARE by giving us your old mobile phones, used stamps and empty ink cartridges.

Please bring them along to any of our sessions, or ring Jo to arrange collection.

Visit our webshop: make internet purchases via our webshop at <http://www.buy.at/aware> It doesn't cost you any extra, but we get a percentage of the profits, so please buy here! Shops include - Amazon, John Lewis, M & S, Adams kids, ELC.

Useful information/links

Play Partners can help children with a disability access play or holiday schemes 01274 431571

Carers UK log on to www.carersuk.org to find out how you can show your support

Bradford Young Carers Older children often help their parents to look after disabled siblings. For advice and information contact 01274 481183

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463 for opening times www.entitledto.co.uk This website provides free online calculators to help you work out your entitlement to benefits and tax credits.

Help Lines: Need help or support?

The National Autistic Society www.nas.org.uk Parents' Help line: 0845 070 4004 (Mon-Fri 10-4) autismhelpline@nas.org.uk

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parentline Plus 0800 80 2222 Parentline is a free, confidential service for any parent, any time.

Parent Partnership Lines:

Bradford	01274 481183	Leeds	0113 3951200
Craven	01609536766	Harrogate	01609534983

Social Services – Children's Services

Bradford	01274 437500	Leeds	0113 3984702
Craven	01756 793700		

Support for Carers - Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440

Carers Resource Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Leeds www.carers.org 0113 246 8338

Benefits Advice Services - DIAL (Disablement Information and Advice Line)

Bradford 01274589162, Leeds 0113214 3630, Benefits Agency, Skipton 01535 617400

Looking for childcare The Family Hub Leeds www.thefamilyhubleeds.org/

Children's Information Link www.bradford.gov.uk/childcare

Transitions service. <http://www.dimensions-uk.org/index.php>

Disclaimer: Every effort has been made to ensure the accuracy of the information in this newsletter or material AWARE produces, AWARE Management Committee (Trustees) and any staff (paid or unpaid) cannot accept liability for any matters connected with or arising from this information. AWARE does not recommend any particular approach to autism: we merely seek to inform so families can make their own decisions, tailored to the individual concerned.

AWARE thanks the following for their support this year:

Bradford Carers Grant

Cow & Calf, Ilkley



