

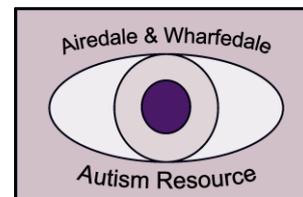
AWARE News November 2014

Registered Charity 1089617

Issue 169

www.homestead.com/awareuk/

www.awareuk.org



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November	Time	Activity & Location	Who for/ages	Cost
Monday 27 & Tuesday 28 October	10am-3pm	Half Term Play Scheme Addingham Youth Centre Stay and Play Just turn up	Families with children 0 – 16 years, inc. siblings /friends.	£6/Family/day + £1/friend
Wednesday 29 October	Attendees informed	Siblings Day: bowling, lunch and cinema at The Leisure Exchange, Bradford, travel inc. Fully Booked	Parents don't stay - young people will have AWARE support	£12 per child
Fri 31 October to Sunday 2 November	Fri 4.30pm – Sun 1.30pm	Lineham Farm Residential Register interest for the next one, 20-22 March 2015, with Jo	Children with ASC 7-18 years	Suggested donation £25
Monday 3, 10, 17 & 24	6.30-8.30pm	Adult Support for Asperger's Drop-In Otley See page 2 for details	Adults with Asperger syndrome (16+): parents, partners	FREE donation for refreshments welcome
Tuesday 4	11am - 12.30pm	Coffee Morning Trinity 5 Rise Children's Centre, Bingley Book with Margaret	All carers welcome!	Free but donations welcome
Friday 7, 14, 21 & 28	7 – 9pm	Friday Youth Club Addingham Youth Centre Just turn up	Children 7 – 16 years, inc. siblings (Parents stay)	£3.50/Family + £1/friend
Saturday 8	10am – 1pm	Cookery Club Addingham Youth Centre Register interest with Jo	Age 12+. Parents don't stay - young people will have AWARE support	£12/person
Saturday 8	1.30pm – 3.30pm	Junior Youth Club Addingham Youth Centre Book with Rachel Miller	Families with children up to about 11years	£3.50/family + £1/friend
Saturday 8	7.30pm	Ceilidh Fundraiser: includes a pie & pea supper and free sweetie stall. Hollygarth, Ilkley LS298LY See page 2 for details	Parents & carers, older children	£10 pp (£5 for people on the autistic spectrum)
Tuesday 11	8pm	CDC Meeting, <u>Airedale Hospital</u> - see page 2 Just turn up	Parents, carers, Anyone interested	Free - donations welcome
Sunday 16	3.15 – 4.15 pm	Swimming with inflatables & slide Keighley Leisure Centre Book places with Jo – DO please let us know if you've booked and CAN'T make it so we can offer the places to another family	All family (max. 20 children/ session)	£2.50/swimmer
Friday 21	10am - 12pm	New Diagnosis Group Coffee Morning, Strong Close Children's Centre Keighley Book with Margaret	All carers welcome – babies and toddlers, too!	Free but donations welcome
Saturday 29	Times to be confirmed	Trip Club: Xscape 4d golf or lasertag Register interest with Rachel Miller	Age 12+. AWARE support provided	£20/person

Most of our sessions take place at [Addingham Youth Centre](#), Bolton Road, Addingham, LS29 0NR on the site of Addingham Primary School; visit this link to see what it's like before you come: [About Aware](#)

AWARE Library will be available at the CDC meeting on 11 November and at Youth Club on 27 November. Please contact our librarian, [Vanessa](#), if you are unable to access this date and wish to borrow any particular resources (a full list is available in the password-protected members' section of our website)

Monday 27 & Tuesday 28 October Holiday Play Schemes

Stay and Play £6/family/day - just turn up. Supported places for children 8+ £12/day – fully Booked. Family support also available - £12 family/day (parents stay on site and a support worker helps your family on the day so under 8's can be looked after with this service). Contact [Jo](#) to book.

<http://sites.createvideomarketing.com/sites/185/AboutAware>

Siblings Day Wednesday 29 October

For brothers and sisters without additional needs, aged approx. 8-12 years; to include bowling, lunch and cinema at The Leisure Exchange in Bradford, train pick up/drop off along the Keighley - Bradford line is being arranged. Contact [Rachel Miller](#) 07826 926150 to book.

Lineham Farm Residential Break Friday 31 October – Sunday 2 November 2014. Now full but if you're interested in your child being considered for the next residential, please contact [Jo](#). Follow this link to see what it's like: [Lineham Farm Residential](#)

Ceilidh Saturday 8 November

Tickets are still available for this fundraiser at the Hollygarth Social Club in Ilkley – see attached poster. Hope to see lots of you there – friends and their families welcome too!

Meeting at Airedale CDC Tuesday 11 November: SCERTS

This month's speaker will be Alison Rohatynskyj, Speech and Language Therapist, who will introduce us to SCERTS, an assessment and planning framework for children with social communication needs and autism. Have a look at the model at <http://www.scerts.com/> (*Editor's note: I recently attended a two day course on this and was buzzing afterwards – it was SO, SO positive*) Please come along!

The acronym "SCERTS" refers to the focus on:

"SC" - Social Communication – the development of spontaneous, functional communication, emotional expression, and secure and trusting relationships with children and adults;

"ER" - Emotional Regulation - the development of the ability to maintain a well-regulated emotional state to cope with everyday stress, and to be most available for learning and interacting;

"TS" – Transactional Support – the development and implementation of supports to help partners respond to the child's needs and interests, modify and adapt the environment, and provide tools to enhance learning (e.g., picture communication, written schedules, and sensory supports). Specific plans are also developed to provide educational and emotional support to families, and to foster teamwork among professionals.

Last month's speaker, Cheryl from Bradford's Parent Partnership Services (PPS), gave us an overview of the changes to how PPS will be working and the new Children and Families Act and how it will affect families with children with additional needs. Have a look at the website:

<http://www.barnardos.org.uk/parentpartnershipservice.htm>

We talked a lot about Bradford's Local offer; if you aren't yet familiar with this term, then please visit:

<http://fis.bradford.gov.uk/fis/disability/Local+Offer>

Advance Notice: AWARE Christmas Dinner Tuesday 9 December, in lieu of CDC meeting

Please find attached the menus and booking form for our annual Christmas get-together at The Cow & Calf, near Ilkley, on Tuesday 10 December from 7.30pm. Please return your form and a £5 deposit per person to Jo or Margaret Nash, 12 The Locks, Bingley BD16 4BG. We look forward to seeing you there!

Adult Support for Asperger's – Monday evening Drop-in, Otley

For adults with Asperger's (or High Functioning Autism) and/or their partners or parents: the group meets every Monday from 6.30pm-8.30pm (excluding Bank Holidays) at Cross Green Community Centre, Pool Road, Otley LS21 1HD. Contact [Margaret Marshall](#) 07963 521117 for further details.

A few hints from AWARE members, other parents of children on the spectrum & our supporters:

Lots of postings so people are up to date with what AWARE is doing; if you are missing out, then please join our closed members' group: [Join the closed AWARE members' ONLY FB group](#) Lots of ideas for half term and about where to use your Max cards!

The very first Toys R Us Autism Friendly session is going to be held on Sunday 30th November, 9am till 11am, at their Birstall store (near Ikea). The store will be open exclusively to families with autistic and additional needs children; there will be reduced florescent lighting, reduced noise, no loud music played in store, boardmaker signs welcoming you and your child and all staff will be provided with some parent led autism awareness training. There will be more information in our Facebook group nearer the time.

Click [here](#) for the latest edition of **Autism File**.

And click [here](#) for **Bradford Disability Service's** update: Makaton, Blackpool etc

The PDF of *Asperger United* is now available to download from www.autism.org.uk/aspergerunited.

Click on the link about halfway down the page to download the PDF.

Need help with filling out DLA forms? Contact Carers' Resource have two Parent Carer Development Workers covering different geographical patches: Imogen Cahill – Airedale & Natalie Baxter – Craven (numbers in Helplines below).

Autism Friendly films: sign up for Dimensions' [weekly e-news bulletin](#) in order to get the latest information about Autism Friendly Film Screenings and other Dimensions events and activities.

Being Me is a free anti-bullying classroom resource that seeks to celebrate difference and promote inclusion by giving young people in years 5-8 an invaluable insight into the potential challenges **being faced by their peers**. Led by Kidscape, Being Me is the result of a partnership with four other charities: Carers Trust, Diversity Role Models, Potential Plus and The National Autistic Society. It offers young people five powerful diary entries and short stories that aim to raise awareness of bullying and give readers a greater understanding of what life is like for other children: life with autism; life as a young carer; life at the end of homophobic taunts, or life when you're the most able or gifted and ostracised as a result.

You may also be interested in **Woodfer's World**, a teaching resource about anti-bullying: http://www.ambitiousaboutautism.org.uk/page/what_we_do/resources/woodfers_world.cfm The resource has been designed to be a core part of a school's work to promote inclusion, supporting teachers to create a truly inclusive environment, where everyone feels they belong and children are at less risk of bullying. All the stories have accompanying resources to download, including handouts, reflective questions, and workshop materials.

Cerebra would like to invite you to their latest Family Support Forum for the Leeds area on Tuesday 25th November 2014, 10am - 12pm at Fulneck Room, Pudsey Civic Hall, Dawsons Corner, Pudsey, LS28 5TA. This is the final forum for the Leeds area for 2014 and will focus on posture and positioning. Gill Arnett, who is a local physiotherapist with 17 years' experience in working with people with lifelong neurological conditions such as cerebral palsy, will be speaking. Parents are welcome to ask questions and discuss issues of concern on the day. Please note that there is plenty of parking on site but that a pass needs to be obtained from Reception on arrival. To book your place or for further information, please contact Lynne Bowker by email at lynneb@cerebra.org.uk or by phone on 01457879049.

Thank you for all your fundraising efforts!

Message from Julie Tales – help needed! Would any kind people be able to volunteer to help sell donated books at Marks and Spencer in Ilkley to raise funds for AWARE on Saturday 18th November? If so, please contact Julie direct either via Facebook or jtales@hotmail.co.uk

Thank you to everyone involved in the Bingo Night earlier this month, especially Stephen Houghton: another great fundraiser – well done!

Thank you again to **White Stuff** Foundation who recently organised another fundraising event – Pick of the Preserves! Twenty eight jams and chutneys were submitted to White Stuff, Ilkley, each raising £10 for AWARE; many thanks to everyone who submitted them, especially Dawn Emsley and family who submitted twelve!! The winner was a plum jam made by Brenda, a friend of our long standing volunteer Jenny Jeffels, and her recipe will go into a recipe book which is going on sale to customers around Christmas time to raise further funds for charity. What a delicious idea!

We signed up to **justtextgiving**: to donate money to us simply text AWAR12 £10 (amount you want to donate) to 70070. Don't forget to keep **recycle mobile phones and ink cartridges** for us (the HP ones are the most lucrative e.g. HP336, HP 338 give £3.25, HP 343 give £3.15) so PLEASE do recycle your phones and cartridges via The Recycling Factory envelopes – to get one, please ring 0800 0910696, or

visit www.therecyclingfactory.com or pick up one next time you are at an AWARE event (only Canon, HP, Lexmark and Dell cartridges now accepted). Total so far £771.88.

Yellow Moon www.yellowmoon.org.uk (which sells art, craft, toys and gifts at very reasonable prices) now give 20% cash back to AWARE. Just quote our source code **WAW01693** when you buy!

Easyfundraising & Give As You Live have now merged so if you'd signed up to either then it's all now just **easysearch & easyfundraising**: a 'gateway' to many internet shops and when you shop we receive a percentage of your spend or an amount agreed by the company *at no additional cost to yourself*. Amazon, M&S, Play.com and lots of major stores, for just a few clicks you can make £'s for AWARE – so visit <http://www.easyfundraising.org.uk/causes/aware> to sign up.

Overall Total for Easyfundraising/GiveAsYouLive is £1,452.58 (£1,427.57 last month)

We now have 51 supporters – congratulations to the first new person to join since July! PLEASE, PLEASE sign up before you do your Christmas shopping you have nothing to lose and AWARE has a lot to gain – come on, so DO IT NOW!

Helplines: need help or support?

The National Autistic Society www.nas.org.uk autismhelpline@nas.org.uk

Education Rights Service: 0808 800 4102 **Autism Helpline:** 0808 800 4104

Parent-to-Parent Service: 0808 800 4106 Calls are free from landlines & most mobiles.

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parentline Plus 0800 80 2222 Parentline is a free, confidential service for any parent, any time.

Parent Partnership Bradford 01274 481183 Leeds 0113 395 1200 Craven & Harrogate 01609 534983

Children's Services Bradford 01274 437500 Leeds 0113 3984702 Craven 01756 793700

Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440

Carers Resource, Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Resource, Shipley Tel: 01274 449660 **Carers Leeds** www.carers.org 0113 246 8338

Disability Advice Bradford 01274 594173, Leeds 0113 214 3630, Skipton 01535 617400

Contact a Family advice on benefits & finance for families with a child with a disability www.cafamily.org.uk/cashcounts 0808 808 3555 **General helpline** email helpline@cafamily.org.uk

Looking for childcare www.thefamilyhubbleeds.org www.bradford.gov.uk/childcare

Transitions service <http://www.dimensions-uk.org/index.php>

Bradford Family Information Service (FIS) for information about childcare, nursery education, children's activities and family support services. Tel: 01274 437503 or <http://fis.bradford.gov.uk/fis/home>

Local Offer <http://fis.bradford.gov.uk/fis/disability/Local+Offer>

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463.

Play Partners can help children with a disability access play or holiday schemes Tel: 01274 431571

Disclaimer: Every effort has been made to ensure the accuracy of the information in this newsletter or material AWARE produces, AWARE Management Committee (Trustees) and any staff (paid or unpaid) cannot accept liability for any matters connected with or arising from this information. AWARE does not recommend any particular approach to autism: we merely seek to inform so families can make their own decisions, tailored to the individual concerned.

AWARE thanks the following for their support this year:

Cow & Calf, Ilkley



City of Bradford Metropolitan District Council
www.bradford.gov.uk

