

AWARE News November 2006

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Issue 81

www.homestead.com/awareuk/



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November Dates	Time	Activity & Location	Cohort/Age Group	Cost
Mondays 6, 13, 20 & 27	7 – 9pm	Monday Night Club, Addingham Youth Centre	HFA/AS 12+ (Parents don't stay)	£1 pp
Fridays 3, 10, 17 & 24	7 – 9pm	Friday Youth Club, Addingham Youth Centre	7 – 16 (Parents stay)	£2 per family + £1 per friend
Saturday 11	6 – 7pm	Swimming, Aireville Pool, Skipton	All family	£1 pp
Tuesday 14	7.30pm	Monthly meeting at the CDC, Airedale Hospital	Parents, Carers	Free
Sunday 19	11am	AMF Bowling, Keighley	All family	£2.50 pp
Tuesday 21	10am - 12pm	Coffee Morning, Addingham Youth Centre	Parents, Carers	Free
Saturday 25	11am – 12pm	Trampolining, Addingham Youth Centre	All family	£2 per family
Sunday 26	11am	Over the hedge, Leeds/Bradford Odeon	All family	£2.50 per child, adults free.

Cinema Advance warning

Sunday 17 December 11am	Polar Express, Leeds/Bradford Odeon	All family	£2.50 per child, adults Free.
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Librarian needed urgently!

We are still looking for a new librarian to look after our valuable resource of books so please can anyone take over the role, which involves keeping the books at your home and bringing them to the monthly meetings at the CDC? Please contact Jo a.s.a.p.

AWARE Meetings

The speakers at the October AWARE meeting were Javid from the Keyhouse Project and Mike from the Bradford City Centre project giving advice on benefits. The speakers answered parents' individual enquiries on the night, but if you were unable to attend and need advice, please get in touch directly with Mike on 01274749009, email headoffice@bradfordccp.com or visit their website at www.bradfordccp.com Keyhouse Project Housing Advice and Accommodation Service, Keighley 01535 600890 www.keyhouse.co.uk/

The speaker at the Tues 14 November meeting will be Cheryl Paul from Bradford Parent Partnership.

October half term Play Scheme

AWARE Holiday Play scheme ran on Thursday 26 and Friday 27 October, 10 children had supported places. As with the summer scheme, parents with children up to 16 years attended, parents found it was somewhere fun, accepting and relaxing; plus parents of supported children were able to have a break while their child had a good time and received appropriate individual care.

Youth Club Christmas Party Friday 15 December

Advance warning! Disco (not too loud), Christmas crafts and party games, please bring a contribution of food for the party.

AWARE Christmas meal for parents 12 December

We also plan to have a parents' Christmas meal at the Cow and Calf on Tuesday 12 December, you will be able to choose from the a la carte menu, or seasonal specials such as pate £4.50, Turkey dinner £7.95 and Christmas pudding £3.50, please ring Jo to book a place.

Autism Friendly Screenings

Thanks to all those who attended, the screening of "Cars" on Sunday 1 October was well attended. The next film will be "Over the Hedge" on 26 November – see calendar.

Swimming Sessions

Craven swimming pool, Skipton, Saturday 11 November, 6-7pm. Cost £1 per person - a committee member will try to be at the sessions and will make themselves known to collect the money; please pay them not the centre staff and show your AWARE membership card. Much better turn out last month 26 people attended, many thanks to all who attended.

Monday Night Youth Club for 12-18 yr olds

This club for teenagers with Asperger's Syndrome or high functioning autism is run by Tony Parkinson from Bradford Children's Disabilities Team, with the help of a group of trained and dedicated volunteers. The club meets at Addingham Youth Centre, 7-9 pm, Monday nights, with a weekly sub of £1. If you think your son or daughter would be interested, please get in touch with Tony on 01274 734018 or mobile 078809 84686.

Friday Night Youth Club

AWARE Youth Club takes place at Addingham Youth Centre, 7pm - 9pm, Friday's term time, for children 7-16 yrs with ASD and siblings/friend. £2 per family + £1 a friend. A parent must stay with each family; new members are always welcome.

Trampoline Sessions

Trampolining for children of all ages, parents stay; the next session will be Saturday 25 November at 11am. Booking essential as becoming very popular and places are limited to allow sufficient time per child.

Bowling

AWARE's next family bowling session will take place on Sunday 19 November at 11am, at AMF Bowling, Alston Retail Park, Keighley, at a reduced price of £2.50 per person per game, or two games for the price of one at the standard rate of £3.30/child and £4.40/adult.

Please ring Jo by Friday 10 Nov. to book a place.

AWARE Coffee Morning - Tuesday 21 November

Please drop in, everyone welcome, at Addingham youth centre, Bolton Road, Addingham, 10 - 12am.

Parent and Pre-school Sessions

Quite a few people have said they would you be interested in attending parent and child chat/play sessions at Addingham Youth Centre possibly 1pm to 2.30pm, Tuesday or Thursday afternoon, we are looking at starting these sessions on a monthly basis from January 07. If you haven't already, please let Jo know you're interested.

The National Autistic Society (NAS) Early Bird Plus Training programme 21 November

This is a recently developed programme to meet the needs of families whose children have received a later diagnosis (4-8 years) and are in Early Years or Key Stage One provision. The Early Bird Plus programme addresses the needs of both home and school settings by training parents/carers together with a professional who is working regularly with the child. The meeting will take place on Tuesday 21st November at the Owllet Children and Family Centre, Shipley from 9.30am t around 11am. Parents will find out about the course and how to apply. Just turn up on the day - see attached information leaflet about parent training courses in Bradford for more details.

Drop in Sessions for Carers in November

Wed 8	10.30 – 12.30	Bingley Drop in Bunters Café, Myrtle Park, Bingley.
Tue 14	10.30 – 12.30	Drop in, Wetherspoons, North Street, Keighley.
Tue 21	10.30 – 12.30	Oakley's Brasserie, The Moors Centre, Ilkley.

For further information contact Carers' Resource: 01756 700888

Play Partners have re-launched their Early Years & Childcare Service! Play Partners offers a fantastic service that supports children with special needs and disabilities to access mainstream play and leisure activities. The ages they can provide help with are 5 – 14, but there is high demand for their support and there is currently a waiting list for their services.

If you would like more information on how they can help your child access more services and greater opportunities to play, you can contact them on 01274 431571.

Help Yourself!

Help Yourself can support you to make your area a better place to live: created by Save the Children and British Gas, it shows children and young people how to get active and create real change in their communities. Go to www.helpyourselves.org.uk

Anxiety, learning difficulties and Autism – Can you help?

Ereny Gobrial is a PhD student at the University of Bradford and is looking for research participants. The title of her study is: 'An Exploration of Intervention and Management Strategies for Anxiety in Young People with Learning Difficulties and Autism', and she is looking for the help of parents who have children from age 5 to 18 who have a learning disability and autism, and she wants to talk to parents about the kinds of management strategies they use at home to support their child with their anxiety. The information gained from the study will be confidential and only used for the purpose of the study.

If you would like to be involved, please contact Ereny on 01274 236380 or e-mail e.s.gobrial@bradford.ac.uk

Fundraise for AWARE with old mobile phones and used stamps!

Please collect old mobile phones, and used postage stamps (with as much paper cut off as possible please) to raise money for AWARE. Please save them and bring them along to any of our sessions, or ring Jo and she will arrange collection.

[Www.buy.at/aware](http://www.buy.at/aware)

It doesn't cost you any extra, but we get a percentage of the profits.

Printer Cartridges

Please check to see if empties are recycled at your place of work. If not, please collect them for AWARE. You can bring them to meetings, youth club or contact Caroline Whitaker on 01535 657402 to arrange collection. Please note that previously remanufactured inkjet cartridges or damaged ones are no good.

Help Lines: Need help or support

The National Autistic Society Parents' Help line: 0845 070 4004 (Mon-Fri 10-4) email Help Line: autismhelpline@nas.org.uk

PARIS (Public Autism Resource and Information Service): www.info.autism.org.uk

Health Care Professionals Information: 0207 903 3599

Bradford Parent Partnership Line: 01274 481183 North Yorkshire Parent Partnership 01756 792427

Bradford MDC Children's Services: 01274437500 Leeds Social Services: 01133984702.

Carers' Resource, The Wheel House, The Water Mill Park, Broughton Hall Business Park, Broughton, Skipton, BD23 3AG: 01756 700888

Children's Information Link www.bradford.gov.uk/childcare

Barton Hill Advice Service (guides to claiming disability living allowance, attendance allowance and incapacity benefit) www.bhas.org.uk

AWARE thanks the following for their support this year:

BBC Children in Need Appeal



Bradford Carers' Grant