

AWARE News June 2011

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June	Time	Activity & Location	Cohort/Age Group	Cost
Wednesday 1 & Thursday 2 June	10am – 3pm	Play Scheme Addingham Youth Centre Families can just turn up to stay and play.	Families with children 0 – 16 years inc siblings /friend	Families £2.50/half day, £5/full day.
Fridays 10, 17 & 24 No club on 3 June	7 – 9pm	Friday Youth Club Addingham Youth Centre Just turn up	Children 7 – 16 yrs, inc siblings (Parents stay)	£3 /family + £1/friend
Saturday 11	10 am – 1pm	Cookery Addingham Youth Centre Register interest with Jo	Age 12+. Parents don't stay - young people will have AWARE support	£10 per person
Saturday 11 N.B. The trampoline will be out not the Bouncy castle	1.30 – 3.30pm	Junior Youth Club Addingham Youth Centre TRAMPOLINING Please ring, text, email to let us know you are coming as equipment will be left out from the Friday club, some help will be needed by those who attend to put it away again.	Families with younger children up to about 11years, inc siblings	£3 /family + £1/friend
Saturday 11	TBC	Trip Club Contact Linda Porter on 07949576898 for further information	Age 12+. Parents don't stay - young people will have AWARE support	£20 p/session
Tuesday 14	8.00pm	Meeting at CDC, Airedale Hospital - see page 2 for details Just turn up	Parents, Carers, Professionals, anyone interested	Free
Sunday TBC	11am Doors open 10.50am	Cinema: Details tbc Leeds/Bradford Odeon Gallagher Leisure Park Thornbury, Bradford Just turn up	All family *Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk Film info line 08712244007	£2.50/child adults free
Sunday 19	3.15 pm – 4.15 pm	Swimming – Inflatables. Keighley Leisure Centre Book places with Jo Please let us know if you have booked and CAN'T come so we can offer the places to another family	All family (max 20 children per session)	£2 per person
Wednesday 22	10am – 12pm	Coffee morning Addingham Youth Centre Just turn up	Parents/carers, babies & toddlers welcome.	Free
Friday 1 July	9.30 – 11.30am	New Diagnosis Group Strong Close Nursery Book with Margaret	Parents/carers of children who have recently received a diagnosis; babies and toddlers welcome	Free

For further details of all our activities contact Jo 07764432933

AWARE Library will be available at Youth Club on 24 June. Please contact Margaret if you are unable to access this date and wish to borrow any particular resources (a full list is available in the members' section of our website).

Spring Bank Play Scheme

Wed 1 & Thurs 2 June: Stay and Play – families with children 0-16 years just turn up, £5 per day/£2.50 per half day. Supported places - fully booked. The Terminator inflatable will be out on Wednesday 10am-12pm and there will be cookery activities throughout the day on Thursday.

Meeting at The CDC, Airedale Hospital, Tuesday 14 June 8.00pm: Linda Peacock, Strategic Commissioning Manager (Adult Mental Health and Autism)

'Fulfilling and Rewarding Lives', the government's strategy (March 2010) for adults with autism, is about making faster progress in the future to improve the lives of people with autism and their families.

Key actions and areas for progress have been identified as:

- Increasing awareness and understanding of autism among frontline professionals
- Developing a clear, consistent pathway for diagnosis in every area
- Improving access for adults with autism to the services and support they need
- Helping adults with autism into work
- Enabling local partners to plan and develop appropriate services for adults with autism including:
- Identification of a lead commissioner for autism
- Development of a Local Autism Partnership Board

Linda Peacock will be talking about Bradford Council's response and what work has been done so far in our area so come and find out more as this will affect all our children and young people, sooner or later..

Many thanks to last month's speaker, Anne Pemberton, Nutritionist: another popular and very informative meeting! See attachments for Anne's flyer and my updated info on Biomed. N.B. There are more files of this type in the members' section of the website. If there are topics you would like future speakers to cover, please email me and I shall do my best to arrange this!

Coffee Morning Wednesday 22 June

Come along for coffee/tea and biscuits and the chance to relax and catch up with some other parents from 10am – 12pm. No need to book: just turn up!

Cinema: autism-friendly screening

Details of the date and film will go out with the June e-update as they are not yet available. *The cinema has asked us to stress that if for whatever reason your child is having any difficulty with the lights, sound etc, PLEASE make the team aware on the day, preferably during the showing, so they can make any necessary changes and so you can enjoy the performance.*

Has your child been recently diagnosed and/or are you looking for some friendly advice?

If you would like to get together informally with a small group of parents to chat and discuss issues such as play skills, diet, sleep, toileting, benefits, please contact Margaret. We are meeting at Strong Close Nursery in Keighley on Friday 1 July, 9.30 – 11.30am. Please book in advance with me: margaretnash@thomasnash.orangehome.co.uk or 07854 740071.

Advance Notice of AWARE Annual General Meeting: Tuesday 12 July

Please put Tuesday 12 July in your diary for our 2011 AGM at The Cow & Calf, Ilkley (in lieu of our usual meeting at Airedale CDC) so make sure you come along to find out more about what AWARE has been doing and what we are planning – our annual report will be available on the night, as well as a report on all those questionnaires many of you kindly completed!

Thank you for all your fundraising efforts!

Please, please do continue with your donations and fundraising efforts. Suggestions: car boot sales, sponsored events, selling things on ebay, using our webshop: www.buy.at/aware: a 'gateway' to many internet shops and when you shop we receive a percentage of your spend or an amount agreed by the company *at no additional cost to yourself*. Amazon, M&S, Play.com and lots of major stores; signing up to everyclick – where each search you do generates a very small amount but the more people who do it the more we'll raise: <http://www.everyclick.com/awareuk>

Yellow Moon www.yellowmoon.org.uk (which sells art, craft, toys and gifts at very reasonable prices) now give 20% cash back to AWARE. Just quote our source code WAW01693 when you make your purchases.

Ink Cartridge Recycling Cartridges are now returned in The Recycling Factory envelopes – to get one, please ring 08000910696, or visit www.therecyclingfactory.com or pick up one next time you are at an AWARE event (only Canon, HP, Lexmark and Dell cartridges now accepted, thanks).

NAS News

Don't forget the NAS Train Walk at Bolton Abbey Steam Railway on Sunday 5 June! For more information and a registration form just call Hannah on 0161 292 1710 or 07799 658837, email nasYorktrainwalk@live.co.uk.

New NAS helpline numbers launched

This month, the Autism Helpline, Parent to Parent Service and Education Rights Service have all been given new phone numbers to make them free from landlines and most mobiles – see Help Lines on page 4 of this newsletter for new numbers..

Have your say on the future of education

On 30 June 2011 the Government's consultation about the future of education for children with special educational needs will close. Now you can download the NAS guide to help you write your own response.

Come to The Autism Show

On June 24-25, the NAS will be a headline partner at The Autism Show, the UK's first national event dedicated to autism for parents, carers, professionals and people on the autism spectrum. Book your ticket today and save 25% off the door price at <http://www.autism.org.uk/autismshow>

A few hints from AWARE members and other parents of children on the spectrum:

We are regularly uploading files to our website: please do take a look – there may be some useful information for you and your family.

Update on **Autism Assistance Dogs** (*thank you, Tim!*): “*We have our second series of workshops starting in Leeds next month and still have some places. We would be really grateful if you know of any families who might be interested and let them know about the workshop coming up. The details are as follows or you can ask them to contact us by email at paws@dogsforthedisabled.org, fill in the online submission form from our website <http://paws.dogsforthedisabled.org> or contact me direct on 01295 759836. Kate Marsh*”

Location: Dogs Trust, Woodlands Farm, York Road, Leeds, West Yorkshire. LS15 4NL

Workshop 1: Tuesday 21st June 2011(10am start, 3.00pm finish approx.)

Workshop 2: Tuesday 12th July 2011(10am start, 3.00pm finish approx.)

Workshop 3: Tuesday 13th September 2011(10am start, 3.00pm finish approx.)

Autism Partnership is now on Facebook as are we (reminder!)

For siblings: from **Leeds ABC Group and Leeds Youth Service Sibling Group**. There is a new group for young people attending high school running at the Strawberry Lane Community Centre, off Tong Road, Armley LS12 1SF from 6.30pm – 8.30pm every Thursday, at a cost of £1 per week. Many different types of activities will be available such as pool, Wii, cookery, arts and crafts; activities will be chosen by the young people that attend. If you are interested or need to know more, please contact mandycraven.leedsabcgroup@gmail.com or carrietaylor@leeds.gov.uk (see attached flyer)

For North Yorkshire members: do you know about NYPACT for parents of disabled children? If not join for free by visiting: www.nypact.co.uk or contact Sara Dalton on 01347 825710 or 07738456776

Please see the link below to the easy read version of the SEN Green Paper.

<http://www.education.gov.uk/consultations/downloadableDocs/SEND%20GP%20Easy%20Read%20final.pdf> (see NAS news above, too, for their own guide)

If you have Sky, have a look at AutismMothersTV, (<http://www.autismmediachannel.com/> for non-Sky viewers), a channel dedicated to autism.

One mother found this link very encouraging and informative with regard to applications that can be used on an Ipad in terms of teaching someone with autism:

<http://www.blogher.com/ipad-nearmiracle-my-son-autism>

<http://notnigellanotjamie.blogspot.com/> This is a blog about using the medium of cooking to focus on the interpersonal engagement that helps to develop flexible, adaptive thinking in children with autism.

Interview by a parent with Tony Attwood, expert on Asperger's (*thanks again, Lisa!*)
<http://parentingaspergers.com/blog/parents-issues/tony-attwood-on-aspergers-syndrome/>

Is your child a Lego fan? Join the Lego Club for FREE and receive magazines, vouchers and lots of puzzles, competitions etc www.club.lego.com

If you have any hints/suggestions you would like to share, please contact me on 07854 740071 or email margaretnash@thomasnash.orangehome.co.uk Thank you!

Help Lines: Need help or support?

The National Autistic Society www.nas.org.uk autismhelpline@nas.org.uk

Education Rights Service: 0808 800 4102 **Autism Helpline:** 0808 800 4104

Parent-to-Parent Service: 0808 800 4106 Calls are free from landlines & most mobiles.

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parentline Plus 0800 80 2222 Parentline is a free, confidential service for any parent, any time.

Parent Partnership Bradford 01274 481183 Leeds 0113 3951200 Craven & Harrogate 01609 534983

Social Care Children's Services Bradford 01274 437500 Leeds 0113 3984702 Craven 01756 793700

Support for Carers Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440

Carers Resource, Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Resource, Shipley Tel: 01274 449660 **Carers Leeds** www.carers.org 0113 246 8338

Benefits Advice Services - DIAL (Disablement Information and Advice Line)

Bradford 01274589162, Leeds 0113214 3630, Benefits Agency, Skipton 01535 617400

Contact a Family advice on benefits & finance for families with a child with a disability
www.cafamily.org.uk/cashcounts

Looking for childcare www.thefamilyhubleeds.org www.bradford.gov.uk/childcare

Transitions service <http://www.dimensions-uk.org/index.php>

The Children's Information Link/Family Information Service for up-to-date information about childcare, nursery education, children's activities and family support services. Tel: 01274 437503

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463 for opening times. Try out their Sensory Room.

Play Partners can help children with a disability access play or holiday schemes 01274 431571

Disclaimer: Every effort has been made to ensure the accuracy of the information in this newsletter or material AWARE produces, AWARE Management Committee (Trustees) and any staff (paid or unpaid) cannot accept liability for any matters connected with or arising from this information. AWARE does not recommend any particular approach to autism: we merely seek to inform so families can make their own decisions, tailored to the individual concerned.

AWARE thanks the following for their support this year:



Cow & Calf, Ilkley

