

AWARE News June 2008

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Issue 99

www.homestead.com/awareuk/



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June Dates	Time	Activity & Location	Cohort/Age Group	Cost
Sunday 1 June	Doors open 10.50am	Cinema Leeds/Bradford Odeon, Gallagher Leisure Park Thornbury, Bradford	All family *Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk or on the Film info line 08712244007	£2.50/child, adults free Just turn up
Mondays 2, 9, 16, 23 & 30	7 – 9pm	Monday Youth Club Addingham Youth Centre <i>*Ring Sarah Jamieson to attend</i>	HFA/AS 12+ (Parents don't stay)	£1/ person
Fridays 6, 13, 20 & 27 (library on 27)	7 – 9pm	Friday Youth Club Addingham Youth Centre Just turn up	Children 7 – 16 yrs, inc siblings (Parents stay)	£2 /family + £1/friend
Tuesday 10	7.30pm	Parents Meeting CDC, Airedale Hospital	Parents, Carers, Professionals, anyone interested	Free
Wednesday 11	10am – 12pm	Coffee Morning Addingham Youth Centre Call to check	Parents/carers, babies & toddlers welcome.	Free
Sunday 15	11am	Cinema Leeds/Bradford Odeon, Gallagher Leisure Park Thornbury, Bradford *Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk or on the Film info line 08712244007	All family Just turn up	£2.50/child, adults free
Saturday 28 with trampoline	10am – 12pm	Junior Youth Club Addingham Youth Centre Please ring, text, email to let us know you are coming, as equipment will be left out from the Friday club, some help will be needed by those who attend to put it away again.	Families with younger children up to about 10 yrs, inc siblings	£2 /family + £1/friend

N.B. For further details of all our activities contact Jo 07764432933; for the Monday club contact **Sarah Jamieson* on 01274 734018 or email sarah.jamison@bradford.gov.uk

Please remember to send us your used stamps; mobile phones and ink cartridges!

Monthly meeting at the Child Development Centre, Airedale Hospital

Tuesday 10 June at 7.30pm: Shared Care

Helen Wheat from Shared Care will be coming to talk about the Shared Care Scheme: what services the scheme offers, how it works and how parents and carers can access it.

Last month's speaker, Andy Morris from Barnardos, talked about the valuable (and free!) Bradford-designed course aimed at parents of children who receive a diagnosis around the ages of 5 – 8+ years. The course looks at: Autism & diagnosis, Communication, Sensory issues, Understanding behaviour, Managing behaviour and a final choice decided by parents/carers, eg siblings, puberty – whatever is relevant to that particular group. The feedback so far has been very good and most of the parents who came to the CDC intend to sign up, so please contact Andy asap if you want further information: 01274 481183

Advance notice of AWARE AGM: Tuesday 8 July, Cow & Calf pub, nr Ilkley

Further information will follow shortly, but please make a note in your diary to come along!

Library Books at Youth Club, Addingham

Committee member, Karen Mitchell, will be bringing AWARE's library books and DVDs etc to the youth club on the following evenings: 27th June, no library July/Aug, 26th Sept, 31st Oct, 28th Nov, no library December. Books are also available at the monthly meetings at the CDC.

The library is a valuable resource for parents, children and young people with an ASD, siblings and any teachers/support staff working with people with an ASD: please use it!

Cinema:

Horton hears a who, Sun 1 June

Horton is a big elephant with an even bigger imagination. So is it any wonder that when Horton (Jim Carey – The Mask) tells his neighbours that he has discovered a whole planet on a speck of dust, no one believes him? Steve Carell (Bruce Almighty) brilliantly plays the part of the lord mayor of Who-Ville, who now needs protecting as their natural habitat has been lost. 'Horton Hears a Who' is brought to you from the people that created 'Ice Age' and is adapted from the Dr Seuss' novel. 'Horton Hears a Who'

The Golden Compass, Sun 15 June

In a parallel universe, young Lyra Belacqua journeys to the far North to save her best friend and other kidnapped children from terrible experiments by a mysterious organisation.

Monthly Raffle – Cow and Calf meal for two

Tickets are £1 each; pick one up next time you attend an event! April winner was David Blamires.

Nell Bank Outdoor Activity Centre Weds 25 July & Weds 6 August

We have booked two Family Days (children must be accompanied by an adult) for 'A Great Day Exploring' on Wednesday, 25 July and Wednesday, 6 August, from 10.30 am to 3.00 p.m. (picnic lunch on site). We will spend the day exploring the environment with all that it has to offer: from pond dipping, nature trails and minibeasts, to the adventure playground. And there is plenty of shelter in case of bad weather. Cost is £7.50 per person, but AWARE will pay for the adult places (max. 2 per family), therefore only £7.50 per child; adult and child friends are also welcome at £7.50 per person. To reserve places please contact Jane Guillard a.s.a.p. phone 07903744698 or e-mail matignon@tiscali.co.uk

Coffee Mornings:

Wednesday 11 June

We are hoping to have a coffee morning with an alternative therapist at Addingham Youth Centre from 10 – 12 on Weds 11 June, but please check beforehand with Jo for confirmation.

Raj Konwaar, Specialist Registrar in Child Adolescent Psychiatry

Raj Konwaar will be running a group for siblings of children who have a diagnosis of autism as part of a research project for the university of Leeds. The groups will be called 'sibling groups' and they will be for children/young people between the ages of 8 and 14. There will be three

sessions at weekly intervals and a follow up session 3 months later, each lasting about one and half hours. The sessions will be interactive and include games, audio-visual presentations, group discussions etc. and will be run at Hillbrook, Keighley by Raj and two co-facilitators. If your child was diagnosed with in the last 18 at Airedale months and has a sibling age 8 – 14 , please contact Raj on 01274 723241.

Message from Specialist Senior Educational Psychologists (EPs) in Autism:

Anwar Hussain and Janet Pilley

Many thanks for inviting us to your coffee morning at Addingham Youth Centre. It was really good to meet so many of you and hear what issues are on people's minds at the moment. You are a very impressive group for sharing ideas and tips and looking for solutions to problems.

If there are any issues which you did not have a chance to raise, please feel free to contact us. We look forward to being able to join you at another session soon

*Best wishes from Anwar Hussain and Janet Pilley, Educational Psychology Team: 01274 385761
anwar.hussain@educationbradford.com janet.pilley@educationbradford.com*

Summer Trips

Thursday 31 July – Chester Zoo, depart Addingham 8.30am return 4pm.

Thursday 7 Aug – Theme park – Lightwater valley, Flamingo Land or Camelot, (depending on best prices) depart Addingham 8.30am return 5pm.

Thursday 14 Aug – Seaside – Bridlington or Scarborough, depart Addingham 8.30am return 5pm.

Venue for 7th & 14th Aug to be confirmed; prices also to be confirmed. If you are interested, please let Jo know so she can get an idea of numbers (£5 deposit to secure places). Prices will be similar to last years and include transport and admission fee where applicable - Chester Zoo £13/person/under 3's £6, Theme Park £14/person /under 1 metre £6, Seaside £7/person.

Autistic Spectrum Disorder (Children) - An Introduction (Level 1)

This course aims to introduce Autistic Spectrum Disorder (ASD) to staff working with children and young people.

Learning Objectives:-

- To learn what is ASD and to have a better understanding of how a child or young person on the autistic spectrum makes sense of the world.
- To consider what staff can do within their own role to assist a young person with autism.
- To identify ways that agencies can work together to help children and young people on the autistic spectrum.

Aimed At: This is a **Bradford District** wide **Multi Agency Course** for anyone working in Health, Services to Children and Young People, Education, Police, CAFCAS, Probation Services, Adult Services, Voluntary & Independant Sector.

Dates and venues:

Thursday 24 June 2008, **Times:** 9.30 – 4.30pm **How to book:** Contact the admin team

Autistic Spectrum - Working with the Conditions (Level Two)

Staff who either have direct involvement with children & young people on the autistic spectrum and have a background knowledge of autism or staff who have done Cygnet programme 1 training (an introduction to Autistic Spectrum Disorder) and want to develop their knowledge further.

Learning Objectives

- To increase participants understanding of Autistic Spectrum Conditions.
- To assist participants in understanding what is behind a child's behaviour.
- To guide participants through strategies which they can use to work with children on the spectrum.
- To understand key behaviour management principles.
- To direct participants to relevant ASC resources.

Note – you must have attended level one course

Aimed At: This is a **Bradford district** wide **Multi Agency Course** for anyone working in Health, Services to Children and Young People, Education, Police, CAFCAS, Probation Services, Adult Services, Voluntary & Independent Sector.

Dates and venues: Venue to be confirmed with booking

Monday 3rd November 2008 **Time:** 9.30 – 4.30 pm

For further information or to book a place please contact: Workforce Development

Phone: 01274 43 3708 Email: workforce.developmentwrh@bradford.gov.uk

Fundraise for AWARE by giving us your old mobile phones, used stamps and cartridges. Please bring them along to any of our sessions, or ring Jo to arrange collection.

Visit our webshop: make internet purchases via our webshop at <http://www.buy.at/aware> It doesn't cost you any extra, but we get a percentage of the profits, so please buy here! Shops include - Amazon, John Lewis, M & S, Adams kids, ELC.

Useful information/links

Play Partners can help children with a disability access play or holiday schemes 01274 431571

Carers UK log on to www.carersuk.org to find out how you can show your support

Bradford Young Carers Older children often help their parents to look after disabled siblings.

For advice and information contact 01274 481183

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463 for opening times

www.entitledto.co.uk This website provides free online calculators to help you work out your entitlement to benefits and tax credits.

Help Lines: Need help or support?

The National Autistic Society www.nas.org.uk Parents' Help line: 0845 070 4004 (Mon-Fri 10-4) autismhelpline@nas.org.uk

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parent Partnership Lines: Bradford 01274 481183 Leeds 0113 3951200
North Yorkshire 01756 792427

Social Services – Children's Services Bradford 01274 437500 Leeds 0113 3984702
Craven 01756 793700

Support for Carers - Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440

Carers Resource Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Leeds www.carers.org 0113 246 8338

Benefits Advice Services - DIAL (Disablement Information and Advice Line)

Bradford 01274589162, Leeds 0113214 3630, Benefits Agency, Skipton 01535 617400

Looking for childcare The Family Hub Leeds www.thefamilyhubleeds.org/

Children's Information Link www.bradford.gov.uk/childcare

Transitions service. <http://www.dimensions-uk.org/index.php>

Disclaimer: Every effort has been made to ensure the accuracy of the information in this newsletter or material AWARE produces, AWARE Management Committee (Trustees) and any staff (paid or unpaid) cannot accept liability for any matters connected with or arising from this information. AWARE does not recommend any particular approach to autism: we merely seek to inform so families can make their own decisions, tailored to the individual concerned.

AWARE thanks the following for their support this year:

Bradford Carers Grant

Cow & Calf, Ilkley



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