

AWARE News January 2009

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Issue 105

www.homestead.com/awareuk/



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January Dates	Time	Activity & Location	Cohort/Age Group	Cost
Mondays 12, 19 & 26	7 – 9pm	Monday Youth Club Addingham Youth Centre <i>*Ring Sarah Jamieson to attend</i>	HFA/AS 12+ (Parents don't stay)	£1/ person
Fridays 9, 16, 23 & 30	7 – 9pm	Friday Youth Club Addingham Youth Centre <i>Just turn up</i>	Children 7 – 16 yrs, inc siblings (Parents stay)	£2 /family + £1/friend
Sunday 11 Space Chimps 	11am	Cinema Leeds/Bradford Odeon Gallagher Leisure Park Thornbury, Bradford Doors open 10.50am <i>*Tickets can be pre-booked to avoid queuing, at www.odeon.co.uk Film info line 08712244007</i>	All family <i>Just turn up</i>	£2.50/child adults free
Tuesday 13	7.30pm	Parents' meeting The CDC, Airedale Hospital, Steeton <i>.Just turn up</i>	Parents, Carers, Professionals, anyone interested	Free
Wednesday 14	10am – 12pm	Coffee Morning Addingham Youth Centre <i>Just turn up</i>	Parents/carers, babies & toddlers welcome.	Free
Saturday 17 with bouncy castle	1 – 3pm NB. New time.	Junior Youth Club Addingham youth Centre <i>Please ring, text, email to let us know you are coming. As equipment will be left out from the Friday club, some help will be needed by those who attend to put it away again.</i>	Families with young children up to about 11 yrs, inc siblings	£2 /family + £1/friend

N.B. For further details of all our activities contact Jo 07764432933; for the Monday club contact **Sarah Jamieson* on 01274 734018 or email sarah.jamison@bradford.gov.uk

Please remember to send us your used stamps; mobile phones and ink cartridges!

Advance notice, Annual Membership due

Your annual membership is due for renewal. With the February newsletter, you will receive a membership renewal form, gift-aid declaration (if you've not already signed one, please get a tax payer in the family to sign it and we can claim the tax back) and a questionnaire. Please complete and return all paperwork with your payment (cheque/PO for £5 payable to 'AWARE') before the end of March, to continue receiving the newsletter and accessing activities. It is very important that you return the questionnaire, as your responses help us provide appropriate support and also provide evidence for our funders that there is a real need for our services in this area and support our funding bids to enable AWARE to keep going.

NB Members who joined between September and December 2008 do not need to renew until January 2010 and your new membership card will be enclosed with the February newsletter.

The Cow and Calf

33 members, staff and volunteers enjoyed the AWARE Christmas get-together at The Cow and Calf, Ilkley. Staff and Volunteers were thanked by Chris Moor (Chair) for all their hard work over the last year and it was decided to hold another social evening there in April in lieu of the usual parents' meeting at the CDC (in response to members' request for more social events).

Raffle The winner of the Cow & Calf meal voucher in the November raffle was Julie Tales.

Cinema: 11 January – Space Chimps

When a space mission is too dangerous, who do you call? Meet Titan, squadron leader and respected by all. Now meet Ham, a goofball group member, together these two chimpanzees will be the ones facing that mission. 'Space Chimps' is brought to you by the team behind 'Shrek' and produced by the man behind 'Men in Black' and 'Wild Wild West'.

Parents' meeting Tuesday 13 January

This month's speaker will be Ged Faricy who will talk about how to write your Will to protect disabled beneficiaries, how to protect your home being used to pay care costs, how to set up a power of attorney and many other related issues.

Coffee Morning, Addingham, Wednesday 14 January

Come along and have a chat with other members.

Ilkley Upstagers' Panto: Mother Goose, Sat 31 January

The pantomime runs from Fri 23 Jan until Sat 31st Jan 2009. AWARE are booking tickets for Saturday 31st Jan at 2.15pm. Cost will be £9 per person – please contact Jo to reserve and pay for your tickets.

Aiming High Questionnaire

For Bradford MDC residents - please find attached a questionnaire from Ann Roli wanting feedback regarding the need for extended services at Clockhouse Respite Centre, Keighley.

NAS News

The Autism Alert card The Autism Alert card can be carried by a person with autism and enables them to identify their needs in situations where they may find communication difficult. Translations of the text inside the wallet can be downloaded in PDF form in a number of languages.

The card costs £2.50 and is available from the NAS www.nas.org.uk or telephone 0845 070 4004.

Community Care Worker The Autism Helpline now has a community care case worker who offers advice and information about community care issues. This includes finding out what help you can get from social services (e.g. Direct Payments, day centres, respite services, housing options); how to access the help, and how to make a complaint to your social services dept. if you are not happy with their decisions or the services they offer. To use the service, telephone the Autism Helpline in the first instance (08450704004, open Monday-Friday, 10am-4pm). The Helpline will take details of your query and arrange a telephone appointment for you with the community care case worker who will call you back at the agreed time to discuss your query in detail. Alternatively, email your enquiry to: - communitycare@nas.org.uk giving the name of your local authority and give as much info as possible about your query.

Help! Programme Free one day *help!* programme about child's rights and entitlement to welfare services - for parents and carers of children, aged 3 - 12 with a recent diagnosis of an Autism Spectrum Condition, at The Folk Hall, Haxby Road, Near Earswick, York, YO32 4AQ, on Thursday 26 February 09. To book a place on this programme please phone: Jan Fuller on 01915680732 or Wendy I'Anson on 01915680731.

Dr Carbone Communication Workshop in York

Kingsmill School in Driffield is hosting the three day introductory workshop by Dr Carbone: 'Teaching Communication Skills to Children with Autism or other Developmental Disabilities'

The course will take place at: The York Racecourse, The Knavesmire, York YO23 1EX.

From Monday 9th - Wednesday 11th March 2009. Delegate rate is £275

To register or find out further information e-mail Andrea Rounding:

kingsmill.specialschool@eastriding.gov.uk

The Hoffmann Foundation for Autism Prize for Drawing and Painting

(In partnership with Bruce Castle Museum: Culture, Libraries and Learning Service and the Autism Team, Professional Development Centre, London Borough of Haringey.)

Individuals who have Autistic Spectrum Disorders, High Functioning Autism, Asperger Syndrome, Pervasive Developmental Disorder, Pervasive Developmental Disorder not otherwise Specified, Apraxia and Agnosia co-morbid/related conditions, are invited to submit drawings and paintings for a new prize: The Hoffmann Foundation for Autism Prize for Drawing and Painting.

It is recognised that individuals whose diagnoses fall into these categories are often excluded by observational and executive requirements from normal visual culture and this competition has as its primary aim their support in art based activities. An exhibition of selected work will be held during April 2009 and cash prizes awarded judged on the basis of apposite expression and appropriate skill rather than genre, figuration, technique, media or finish etc.

In 1955 Alice Hoffmann OBE founded a school for individuals who were excluded from main stream education and in the course of time, the school became a day centre providing education for adults with autism. Large cash prizes are offered to finalists who enter their paintings or drawings for our competition and exhibition and who have Autistic Spectrum Disorders, Asperger Syndrome and/or other co-morbid conditions.

The exhibition will take place at Bruce Castle Museum and Gallery, Lordship Lane, Tottenham, London N17 8NU, from Tuesday 2nd April until Monday 13th July 2009.

Closing date is 28th February 2009; for an application form and further details please contact:

The Competition Coordinator, The Hoffmann Foundation for Autism, 4th Floor Cumberland House
80, Scrubs Lane, Willesden, London NW10 6RF Tel.: 020 8964 6650.

E-Mail info@hoffmannfoundation.org.uk Website: www.hoffmannfoundation.org.uk

Please mark your envelope 'The Hoffmann Foundation Prize for Drawing and Painting' and enclose a stamped addressed A4 envelope or download PDF file from the web-site.

Useful websites:

<http://www.changing-places.org/> Changing Places, disabled friendly changing facilities

<http://www.disabledgo.info/> Disabled Go

www.dimensions-org.uk Launch of A Home of My Own: the second 'Lost in Transition?' research report, 'A Home of My Own', which shares best practice for moving young people with a learning difficulty into their own home, aimed at parents and professionals.

<http://www.wymetro.com/TicketsAndPasses/ConcessionaryTravel/DisabledPersonsPass.htm> -

For information about the English National Concessionary Pass with which you can travel free on off-peak local buses throughout England, and as a resident of West Yorkshire you are also entitled to reduce fare travel on the trains within the West Yorkshire boundaries. If you (or your young person) are unable to travel conveniently alone, you (s/he) may be entitled to a special pass entitling a companion to the same concessions when travelling with you (him/her) within West Yorkshire. This does not need to be the same person for every journey.

www.autism.org.uk/pubs/gifts for NAS publications

www.yourable.com Includes help with DLA information

www.oxford.anglican.org/page/6974/ Guidelines for churches on how to welcome people with an ASC.

<http://www.kidstravel2.com/> For child wristbands and tags. www.natobe.co.uk wandering child alarm.

http://www.namemark.co.uk/whoshoe_shoe_labels.html?gclid=CIi2otTIwpcCFQoh3godewIGSw -

Personalised labels for children's shoes, £6.95 for 20, P & P free.

Free Symbols:- www.do2learn.com www.pdictionary.com www.usevisualstrategies.com

www.photosymbols.com www.enchantedlearning.com/dictionary.html

<http://www.moneysavingexpert.com/> Martin Lewis, money saving expert, sign up for weekly emails.

<http://www.mealsavers.co.uk/main/> Supermarket best buys plus more in weekly emails.

www.ActivityVillage.co.uk Free games & activities to download or print out.

www.ebay.co.uk search 'autism' for lots of useful resources, toys and rewards.

Fundraise for AWARE by recycling your old mobile phones, used stamps and empty ink cartridges with us.

Please bring them along to any of our sessions, or ring Jo to arrange collection.

Visit our webshop: make internet purchases via our webshop at <http://www.buy.at/aware> It doesn't cost you any extra, but we get a percentage of the profits, so please buy here! Shops include - Amazon, John Lewis, M & S, Adams kids, ELC.

Useful information/links

Play Partners can help children with a disability access play or holiday schemes 01274 431571

Carers UK log on to www.carersuk.org to find out how you can show your support

Bradford Young Carers Older children often help their parents to look after disabled siblings. For advice and information contact 01274 481183

Bradford Toy Library, St Luke's Call Emma or Michelle on 01274 365463 for opening times

www.entitledto.co.uk This website provides free online calculators to help you work out your entitlement to benefits and tax credits.

Help Lines: Need help or support?

The National Autistic Society www.nas.org.uk Parents' Help line: 0845 070 4004 (Mon-Fri 10-4) autismhelpline@nas.org.uk

The Autism Services Directory <http://www.nas.org.uk/nas/jsp/polopoly.jsp?d=113&a=5704>

Parentline Plus 0800 80 2222 Parentline is a free, confidential service for any parent, any time.

Parent Partnership Lines: Bradford 01274 481183 Leeds 0113 3951200
Craven 01609536766 Harrogate 01609 534983

Social Services – Children's Services Bradford 01274 437500 Leeds 0113 3984702
Craven 01756 793700

Support for Carers - Carers Connection Bradford www.carers-in-bradford.nhs.uk 01274 363440 Carers Resource Skipton http://carersresource.smartchange.org/mw_bran2.phtml 01756 700888

Carers Leeds www.carers.org 0113 246 8338

Benefits Advice Services - DIAL (Disablement Information and Advice Line)

Bradford 01274589162, Leeds 0113214 3630, Benefits Agency, Skipton 01535 617400

Looking for childcare The Family Hub Leeds www.thefamilyhubleeds.org/

Children's Information Link www.bradford.gov.uk/childcare

Transitions service. <http://www.dimensions-uk.org/index.php>

Disclaimer: Every effort has been made to ensure the accuracy of the information in this newsletter or material AWARE produces, AWARE Management Committee (Trustees) and any staff (paid or unpaid) cannot accept liability for any matters connected with or arising from this information. AWARE does not recommend any particular approach to autism: we merely seek to inform so families can make their own decisions, tailored to the individual concerned.

AWARE thanks the following for their support this year:

Bradford Carers Grant

Cow & Calf, Ilkley



***Wishing you a happy, healthy New Year
from everyone at AWARE!***